

# SPIRITUAL EXERCISES

For MEN

November 1-3, 2024 *Ignatian Silent Retreat*



## WHY:

Following the Ignatian Spiritual Exercise, this retreat will provide an opportunity to discover the path God has for you moving forward in your spiritual life.

## WHEN:

Registration at 5 p.m. on Friday, November 1, 2024.;  
Retreats ends on Sunday, November 3, 2024 at 1:30 p.m.

RETREAT DIRECTOR:  
Fr. Kenneth LeBlanc, LC

## WHERE:

Pastoral Centre  
Diocese of Prince George,  
6500 Southridge Drive,  
Prince George, BC

## REGISTRATION:

**Fees: \$220** including all meals. This retreat is exclusively for men and will be on a first-come, first-served basis.

### Accommodations:

We have limited sleeping quarters. It is reserved for out-of-town retreatants - **\$100.00** - 2 nights at Emmaus Retreat.

To register, please use email/text below and **include your info in the registration:** Name, Address, Mobile Number, Emergency Contact Number, need for accommodations along with any Food Allergies/Requirements.

**Registration:** Norm Hebert at [norman.hebert@protonmail.com](mailto:norman.hebert@protonmail.com) or call (778) 890-0540



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